

# aMUSE Junior Journey

Simi Valley Day Camp-Summer 2020



A muse can be anyone or anything that can inspire you. Along this journey you will reach out to women and girls to explore the many roles they play in the world around you, and the leadership skills they use to play them.



Reach out!



Speak out!



Try out!

## Step 1: Reach out

Talk to a woman that you admire. It can be your mom, aunt, friend, sister anybody! Ask her questions about herself. Maybe things that she has overcome in her life or things she's working to improve upon herself.

Now create a Pop Doll of your favorite female character or role model!

[Pop Doll Print-out Sheet](#)

[POP Doll Slideshow](#) - Insert your finished POP Doll here



## Step 2: Speak out

So, what is a stereotype? A stereotype is a fixed and/or oversimplified image or idea of a certain type of person or thing.

[Sexist Ad](#)   [gender Ad](#)   [Stereotype Ad](#)   [Class Ad](#)

How do these ads make you feel? Excluded? Offended? Do you agree with them?

If you could change the ad, what would you do?



### Step 3: Try out

What comes to mind when you think of a bee? Is it black and yellow? Does it make honey? That's a stereotype! The most important bees in our lives aren't yellow and black and don't make honey - but they do need our help! If we have more native flowers in the area, we'll have more native bees and the native bees are so very important to the food we eat (much more so than honey bees).

Imagine the seed ball as a stereotype that you dislike. Think of ways you can prove the stereotype is incorrect, and when you finish, throw the seed ball outside as a way of "throwing away the stereotype."



## Extra Fun Activity!

If you have extra time after completing the three steps, then you can make your favorite character or role model's favorite snack!



You have finished the aMUSE Journey! I hope you had as much fun doing this as we did. We spent a lot of time putting this together trying to make it enjoyable as possible. Remember to always treat people with kindness and to be fair to all. :)